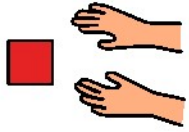


Shamrock Shakes



get



1/2 pint vanilla ice cream



1/2 C

1/2 cup - half & half



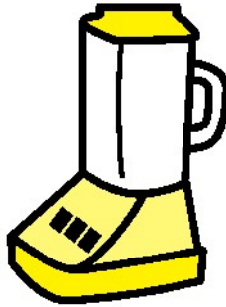
mint extract



FREE

© StockFreeImages.com 212.5571

4 drops green food coloring



blender

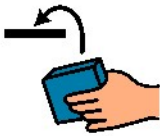


glass



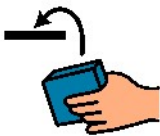
straw

1



1. Put ice cream in blender.

2

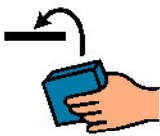


1/2

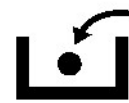


2. Put 1/2 cup half and half in blender.

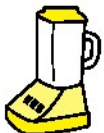
3



5

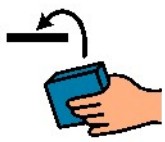


3. Put 5 drops mint extract in



blender.

4



4

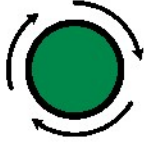


4. Put 4 drops green food coloring in

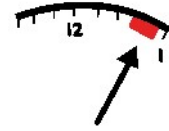


blender.

5

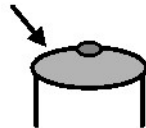


1



5. Turn blender on for 1 minute.

6



6. Take lid off blender.

7



7. Pour or put milkshake in glass.

8



8. Put straw in glass.

9



&

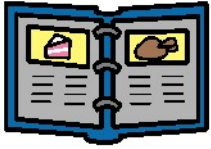


9. Drink and enjoy!

Name: _____

Recipe: _____

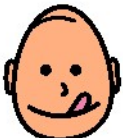


What was in it?



half and half 	hilla Greek yog 	anilla ice creat 	bread 
--	--	--	--

How did it taste?



 good	 okay	 bad
--	--	---

How was it to make?



 easy	 okay	 hard
---	---	---

Do you think it was healthy?



 yes	 okay	 no
--	---	---